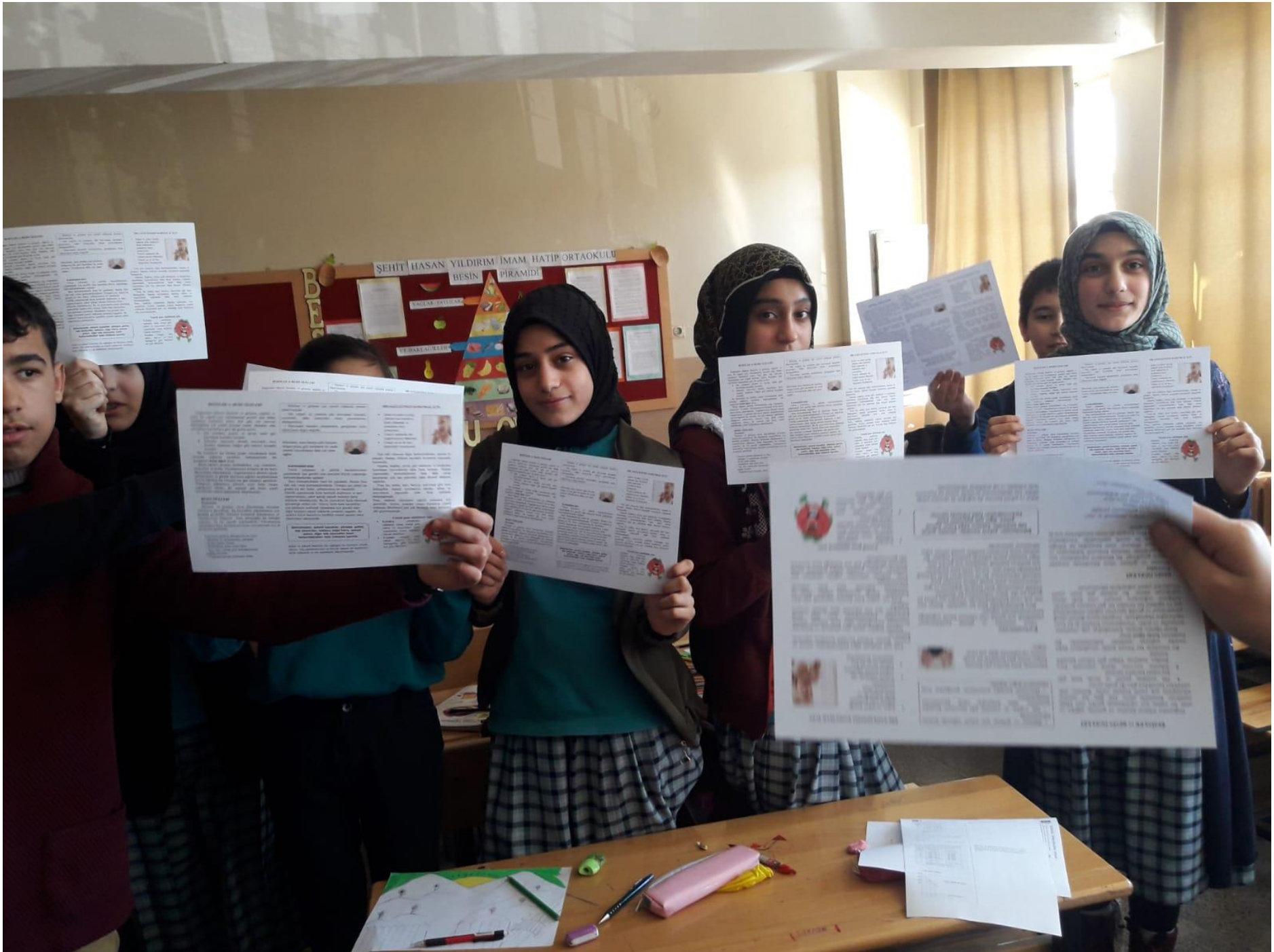
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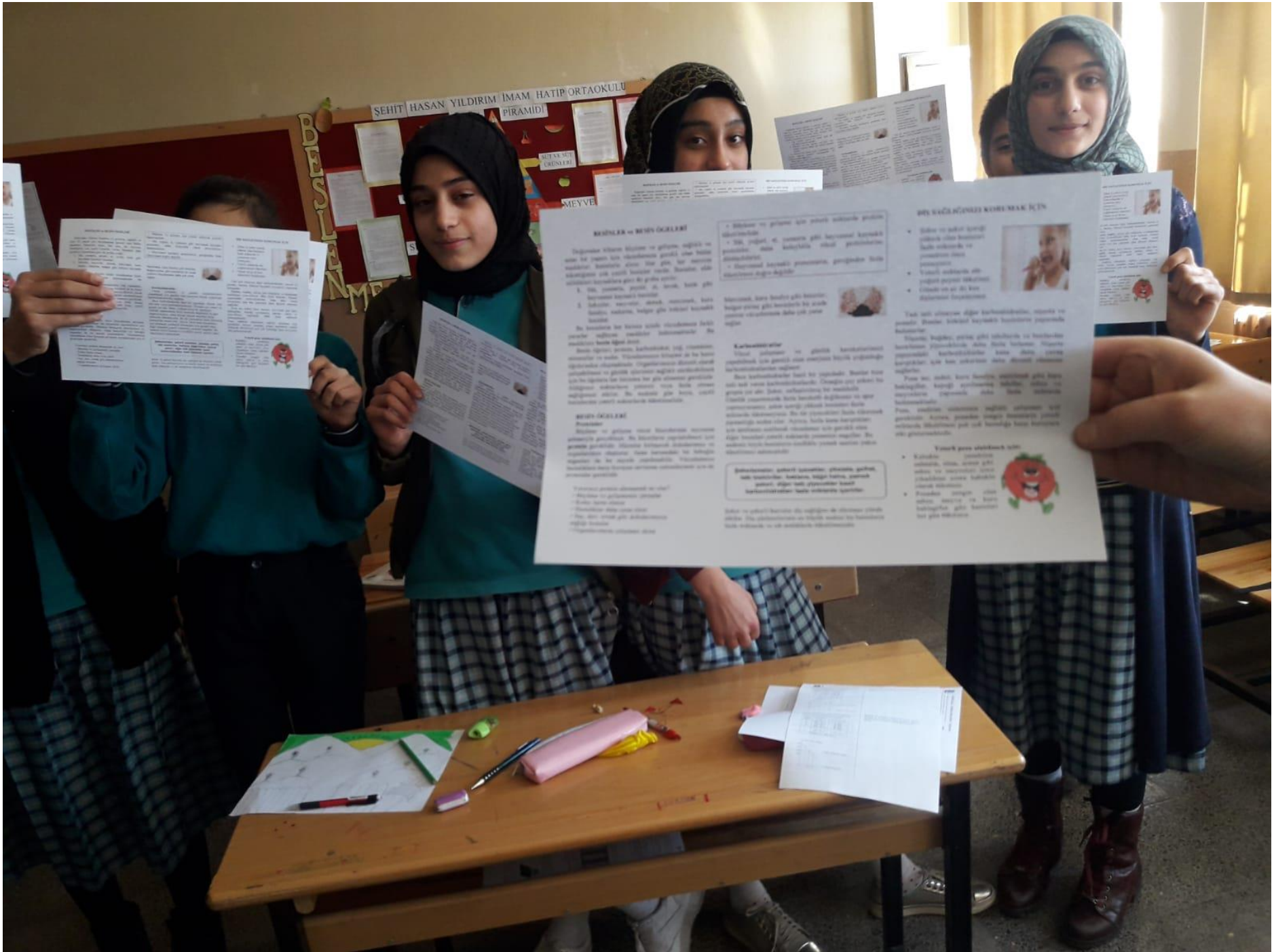
BESİN PİRAMİDİ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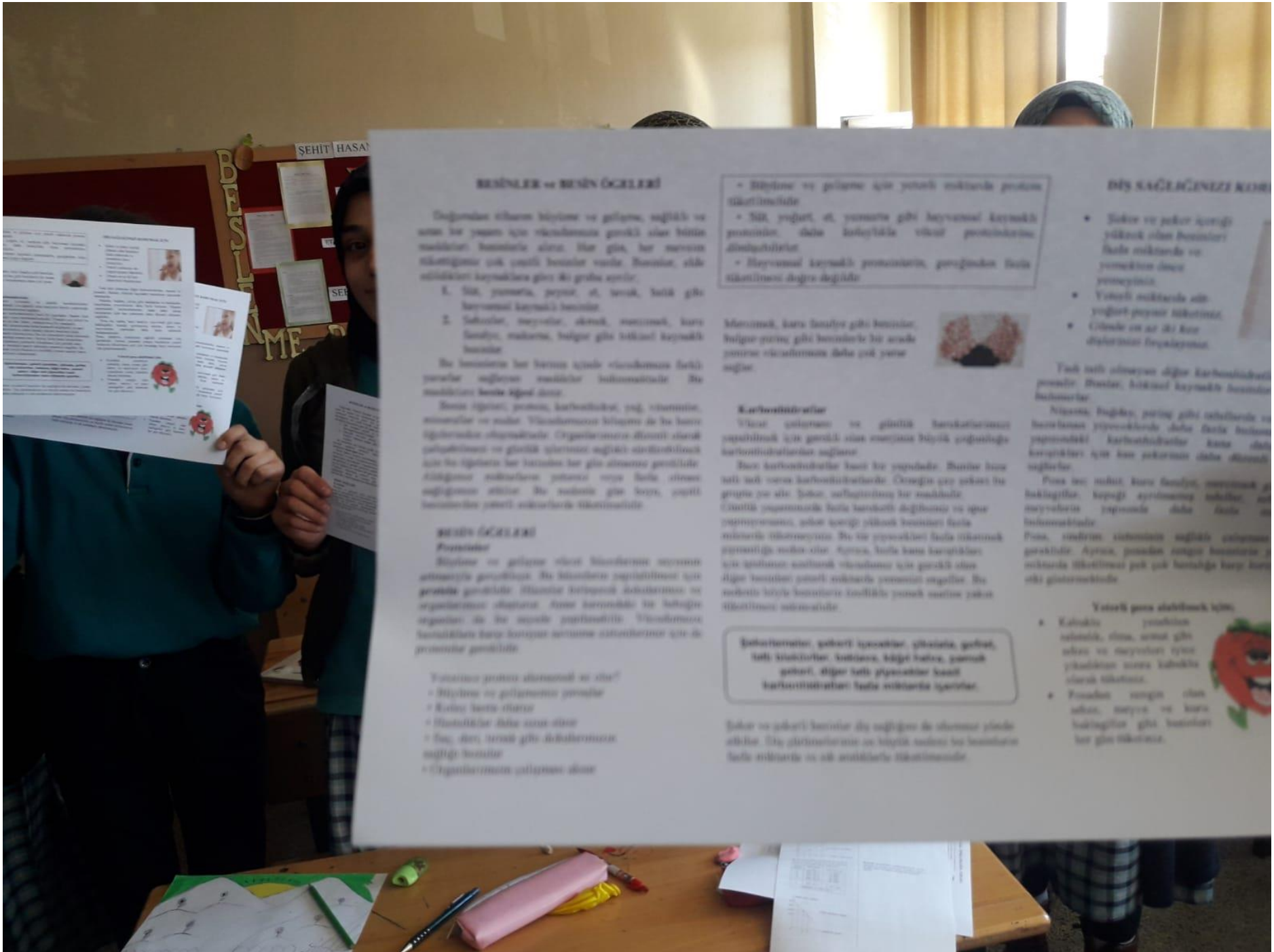
PİRAMİDİ
BESLENME
MEYVE
SEBZE MEYVE ÜRÜNLERİ


ŞEHİT HASAN
BESİNLER ve BESİN ÖGELERİ
BESİN ÖGELERİ
Proteinler
Karbonhidratlar
DİŞ SAĞLIĞINIZI KORU
Yeterli gıda alabilmek için;